



Whole Brain *Thinking ...*

Does your team struggle to work effectively?

Are there silly arguments or misunderstandings that cause tension?

Are you puzzled about why some of your co-workers think and behave differently to you?

If you answered yes to any of these questions, then you are not alone. Research indicates that people in high performing teams don't always get along or agree with each other. There is often conflict, tension and communication difficulties that get in the way of team functioning which can significantly impact on a team's performance.

A common challenge of working in teams is that each individual brings their own ways of thinking to each situation. This is known as 'thinking preferences'. For instance, some people focus on facts, others look for relationships. Some like detail, others prefer the bigger picture. Usually this diversity can enhance team functioning but in some situations it can be unproductive, frustrating, and at worst, destructive.

How can understanding thinking preferences be helpful?

Most people are unaware of their own thinking preferences and lack insight into how, when and why they use them both at work and in everyday life. Whilst personal thinking preferences can often be helpful, in some situations they can also be limiting.

Experience has shown that becoming more aware of our own 'thinking preferences' and of those around us, is key to the success of high performing teams. Identifying and harnessing the full range of thinking preferences within a team often leads to better outcomes as the team is more able to effectively use the total thinking capacity, benefitting from the 'whole' rather than the sum of its individual parts.

By understanding and appreciating the thinking preferences of others, often team harmony and communication improves, leading to fewer arguments and better team performance.



Maryanne Martin

How can I learn more about Whole Brain Thinking and ‘thinking preferences’?

Maryanne Martin is an experienced facilitator who conducts whole brain thinking workshops across a broad range of businesses and organisations.

She is accredited and licensed in the two tools used to assess thinking preferences – Herrmann Brain Dominance Indicator® (HBDI) and Neething Brain Instrument (NBI™)

Maryanne offers half or full day interactive workshops for 5- 20 participants as well individual whole brain profiling (on request).

What will I get from attending a workshop?

By completing a Whole Brain Thinking workshop, each participant will:

- Receive an individualised whole brain thinking profile
- Develop a practical plan to apply the learning to their day to day work
- Gain insight into thinking preferences that will assist them in both their professional and personal lives

For more information contact Maryanne@peoplepathways.com.au or phone 0457 828 556

Testimonial...

“The Whole Brain Thinking workshops have been some of the most useful training I have ever done. The sessions have given me great insight into how I like to work and most importantly given me the skills to be able to change my behaviour so that I can work with others more effectively.”

Julianne Sargant Program Manager Communications, Department of Environment, Land, Water and Planning.